



European Paediatric Life Support

Cours Européen de Réanimation Pédiatrique Avancée

Contacts

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Course summary

The European Paediatric Life Support (EPLS) course is a collaboration between the European Resuscitation Council and the Resuscitation Council (UK) and was launched in 2003. The course is intended to provide training for multi-disciplinary healthcare professionals in the early recognition of the child in respiratory or circulatory failure and the development of the knowledge and core skills required to prevent further deterioration towards respiratory or cardiorespiratory arrest. The RC (UK) EPLS course is presented in English.

Each year, on average, 125 courses are held and 3,000 healthcare professionals are trained.

General information

Who is this course suitable for?

The EPLS course is designed for healthcare professionals who would be expected to apply the skills taught as part of their clinical duties, or to teach them on a regular basis. Appropriate participants include doctors, nurses and paramedics working in direct contact with children. All applicants must hold a current clinical appointment and professional healthcare qualification. Medical students in their final year of training can be accepted as candidates.

Learning outcomes

The EPLS course teaches the knowledge and skills required to:

- use the structured ABCDE approach for rapid assessment of the seriously ill child;
- manage the sick child until the arrival of expert assistance;
- facilitate the development of resuscitation team members and team leaders;
- use a structured approach to communication amongst team members during an emergency situation

Course structure

EPLS courses are held at centres throughout the UK and are approved and certified by the Resuscitation Council (UK). This ensures uniformity of content and standard regardless of the centre.

The course is run over two days. All candidates will be registered on the Learning Management System (LMS) to access the pre-course multiple choice questionnaire (MCQ), course evaluation and post course certificates.

The course programme consists of lectures, workshops, skill stations and teaching simulations.

Course structure and programme

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Assessment and Certification

Assessments are based on clinical simulations that allow the candidate to effectively demonstrate the core competencies that have been taught on the course. The simulations are standardised and reflect reality as closely as possible.

There are three assessment components:

1. Paediatric basic life support with bag-mask ventilation - (continuous assessment)
2. ALS simulation
3. MCQ

Successful candidates receive a Resuscitation Council (UK) EPLS provider certificate, which is valid for 4 years. The EPLS course is recognised for 10 continuing professional development (CPD) points.

Pre-course preparation

The course manual is sent to candidates four weeks before the course. Candidates are expected to have prepared for the course by reading the manual and submitting their completed pre-course MCQ paper before attending the face-to-face course. Candidates are advised to complete the pre-course MCQ without reference to the manual.

Website

[Resuscitation Council \(UK\)](#)