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Advanced Life Support in Obstetrics (ALSO®) is an evidence-based multidisciplinary training program that prepares maternity health care providers to better manage obstetric emergencies. ALSO's evidence-based learning path bridges knowledge gaps and boosts skill sets using a team-based approach, hands-on training, and mnemonics to reduce errors and save lives.

Improving outcomes and saving lives for more than two decades, ALSO offers three course types—Provider, Instructor, or Refresher—as well as course sponsorship opportunities. Be part of the success story. Register for, or sponsor, a course today.

Practical, Hands-On Skill Building

Facilitated by ALSO Approved Instructors, participants attending an ALSO Course learn practical, team-based approaches to managing emergency situations, including postpartum hemorrhage, shoulder dystocia, and pre-eclampsia. And although labor and delivery room emergency care is the main focus of the program, the ALSO curriculum further addresses preventive care and practice concerns, such as:

- First-trimester complications
- Helping parents cope with a birth crisis
- Diagnostic ultrasound